

Full-time Plan of Study
MSN to DNP Program: Lifestyle Medicine-Fall

Fall 1 (Aug. – Dec.) - Semester 1	Credit Hours	Clinical Hours
NGR 6591 Introduction to Lifestyle Medicine: The Six Pillars of Health	3	
NGR 6246 Empowering Behavioral Change: The Provider as Expert and Coach	3	
NGR 7769 DNP Roles & Leadership within Complex HC Environments	3	
Total Semester Hours	9	
Spring 1 (Jan. – May)-Semester 2		
NGR 5846 Biostatistics	3	
NGR 6167 Food as Medicine: The Nutrition Health Connection	3	
NGR 6826 Methods of Program Evaluation & Quality Improvement	2	
Total Semester Hours	8	
Summer 1 (May – Aug.) - Semester 3		
NGR 6811 Theory and Evidence-Based Practice Scholarship	3	
NGR 6593L Lifestyle Medicine Practicum	1	60
NGR 6592 The Exercise Prescription: Improving Physical and Mental Health through Movement	2	
Total Semester Hours	6	
Fall 2 (Aug. – Dec.) - Semester 4		
NGR 6853 Translation of Evidence for Practice	3	
NGR 6662 Health Equity & Social Determinants of Health	2	
NGR 6674 Population Health and Applied Epidemiology	3	
NGR 6593L Lifestyle Medicine Practicum	3	180
Total Semester Hours	11	
Spring 2 (Jan. – May) - Semester 5		
NGR 6895 Policy, Legal and Ethical Complexities in Healthcare	3	
NGR 6893 Healthcare Finance, Economics, and Entrepreneurship	3	
NGR 6931C DNP Project Planning & Application for the APN	3	60
Total Semester Hours	9	
Summer 2 (May – Aug.) - Semester 6		
NGR 6935C DNP Project Implementation, Evaluation & Dissemination for the APN	3	60
NGR 6593L Lifestyle Medicine Practicum	3	180
Total Semester Hours	6	
Total Program Credit Hours	49	
Total Program Clinical Hours		540

ALL STUDENTS MUST FOLLOW THIS PLAN UNLESS THE GRADUATE PROGRAM APPROVES COURSE TRANSFER OR WAIVER

Clinical Requirements: All Lifestyle Medicine (LM) DNP students must complete a total of 1,000 post-baccalaureate clinical hours to be eligible for DNP degree conferral. Hours from previously earned degrees may be applied toward this requirement once validated from previous institutions.

All clinical practical labs must be completed with a Satisfactory grade.

Full-time Plan of Study

MSN to DNP Program: Lifestyle Medicine - **Spring**

Spring 1 (Jan. – May) - Semester 1	Credit Hours	Clinical Hours
NGR 6591 Introduction to Lifestyle Medicine: The Six Pillars of Health	3	
NGR 6246 Empowering Behavioral Change: The Provider as Expert and Coach	3	
NGR 7769 DNP Roles & Leadership within Complex HC Environments	3	
Total Semester Hours	9	
Summer 1 (May – Aug.) - Semester 2		
NGR 5846 Biostatistics	3	
NGR 6592 The Exercise Prescription: Improving Physical and Mental Health through Movement	2	
NGR 6826 Methods of Program Evaluation & Quality Improvement	2	
Total Semester Hours	7	
Fall 1 (Aug. – Dec.) - Semester 3		
NGR 6811 Theory and Evidence-Based Practice Scholarship	3	
NGR 6662 Health Equity & Social Determinants of Health	2	
NGR 6674 Population Health and Applied Epidemiology	3	
NGR 6593L Lifestyle Medicine Practicum	1	60
Total Semester Hours	9	
Spring 2 (Jan. – May) - Semester 4		
NGR 6853 Translation of Evidence for Practice	3	
NGR 6893 Healthcare Finance, Economics, and Entrepreneurship	3	
NGR 6167 Food as Medicine: The Nutrition Health Connection	3	
Total Semester Hours	9	
Summer 2 (May – Aug.) - Semester 5		
NGR 6895 Policy, Legal and Ethical Complexities in Healthcare	3	
NGR 6931C DNP Project Planning & Application for the APN	3	60
NGR 6593L Lifestyle Medicine Practicum	3	180
Total Semester Hours	9	
Fall 2 (Aug. – Dec.) - Semester 6		
NGR 6935C DNP Project Implementation, Evaluation & Dissemination for the APN	3	60
NGR 6593L Lifestyle Medicine Practicum	3	180
Total Semester Hours	6	
Total Program Credit Hours	49	
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