

**THE FLORIDA STATE UNIVERSITY**  
**College of Nursing**  
Post Master's APRN-to-DNP in Lifestyle Medicine:  
(Fall 2024 Admission)

| <b>Fall Semester 2024<br/>9 credit hours</b>   | <b>Spring Semester 2025<br/>8 credit hours</b>  | <b>Summer Semester 2025<br/>6 credit hours</b>  |
|--|---|---|
| NGR 6591 Introduction to Lifestyle Medicine: The Six Pillars of Health (3)<br><br>NGR 7769 DNP Roles & Leadership within Complex HC Environments (3)<br><br>NGR 6246 Empowering Behavioral Change: The Provider as Expert and Coach (3)  | NGR 5846 Biostatistics (3)<br><br>NGR XXXX Methods of Program Evaluation & Quality Improvement (2)<br><br>NGR 6167 Food as Medicine: The Nutrition Health Connection (3)  | NGR XXXX Theoretical Constructs and Methods for Evidence-Based Practice (3)<br><br>NGR 6593L Lifestyle Medicine Practicum (1) (60 CH)<br><br>NGR 6592 The Exercise Prescription: Improving Physical and Mental Health through Movement (2)<br><br><i>*Optional Elective-NGR 6590: The Role of Lifestyle Medicine in Improving Mental Health (3)</i> |
| <b>Fall Semester 2025<br/>11 credit hours</b>  | <b>Spring Semester 2026<br/>11 credit hours</b>   | <b>Summer Semester 2026<br/>5 credit hours</b>  |
| NGR XXXX Appraisal & Translation of Evidence for Practice (3)<br><br>NGR XXXX Health Equity & Social Determinants of Health (2)<br><br>NGR 6674 Population Health and Applied Epidemiology (3)<br><br>NGR 6593L Lifestyle Medicine Practicum (3) (150 CH)  | NGR XXXX Genetics and the Environment (3)<br><br>NGR 6893 Healthcare Finance, Economics, and Entrepreneurship (3)<br><br>NGR 5887 Policy & Legal and Ethical Complexities in Healthcare (3)<br><br>NGR XXXXC DNP Project Planning & Application for LM APN (2) (75 indirect clinical hours) | NGR XXXXC DNP Project Implementation, Evaluation & Dissemination for LM APN (2) (75 indirect clinical hours)<br><br>NGR 6593L Lifestyle Medicine Practicum (3) (150 CH)<br><br><i>*Optional Elective- NGR 6590: The Role of Lifestyle Medicine in Improving Mental Health (3)</i>   |
| <b>Program of Study for Post Master's APRN-to-DNP in Lifestyle Medicine</b>  |   |   |
| Applicants must hold an MSN in a Nurse Practitioner track and be a nationally certified APRN and have 3 discrete courses in Advanced Patho, Advanced Health Assessment & Pharmacology across the lifespan prior to starting the program. Minimum graduate school GPA of 3.0. Up to <b>50 Credit hours and up to 510 clinical hours (required credit hours and clinical hours will be based on formal gap analysis)</b> |   |   |
| (V12)  |   |   |