

**THE FLORIDA STATE UNIVERSITY
College of Nursing**

Post Master’s Certificate in Lifestyle Medicine for Health Professionals (non-degree seeking student)

(Fall Admission)

Fall Semester 2023 6 credit hours	Spring Semester 2024 5 credit hours	Summer Semester 2024 4 credit hours
<p>NGR 6591 Introduction to Lifestyle Medicine: The Six Pillars of Health (3)</p> <p>NGR 6246 Empowering Behavioral Change: The Provider as Expert and Coach (3)</p>	<p>NGR 6167 Food as Medicine: The Nutrition Health Connection (3)</p> <p>NGR 6592 The Exercise Prescription: Improving Physical and Mental Health through Movement (2)</p>	<p>NGR XXXXL Integrating Lifestyle Medicine into Clinical Practice (1) (60 CH)</p> <p>NGR 6590 The Role of Lifestyle Medicine in Improving Mental Health (3)</p>
Program of Study for Post Master’s APRN-to-DNP in Lifestyle Medicine		
<p>Minimum graduate school GPA of 3.</p> <p>15 Credit hours and 60 clinical hours</p>		