

**THE FLORIDA STATE UNIVERSITY**  
**College of Nursing**  
Post Master's APRN-to-DNP in Lifestyle Medicine:  
(Fall Admission)

<b>Fall Semester 2022 9 credit hours</b>	<b>Spring Semester 2023 8 credit hours</b>	<b>Summer Semester 2023 6 credit hours</b>
<p>NGR XXXX Introduction to Lifestyle Medicine: The Six Pillars of Health (3)</p> <p>NGR 7769 DNP Roles &amp; Leadership within Complex HC Environments (3)</p> <p>NGR XXXX Empowering Behavioral Change: The Provider as Expert and Coach (3)</p>	<p>NGR XXXX Theoretical Constructs and Methods for Evidence-Based Practice (3)</p> <p>NGR XXXX Methods of Program Evaluation &amp; Quality Improvement (2)</p> <p>NGR XXXX Food as Medicine: The Nutrition Health Connection (3)</p>	<p>NGR XXX Lifestyle Medicine Practicum 1 (1) (60 CH)</p> <p>NGR XXXX The Exercise Prescription: Improving Physical and Mental Health through Movement (2)</p> <p>NGR 5846 Biostatistics (3)</p> <p>*Optional Elective- The Role of Lifestyle Medicine in Improving Mental Health (3)</p>
<b>Fall Semester 2023 10 credit hours</b>	<b>Spring Semester 2024 11 credit hours</b>	<b>Summer Semester 2024 5 credit hours</b>
<p>NGR XXXX Appraisal &amp; Translation of Evidence for Practice (2)</p> <p>NGR XXXX Health Equity &amp; Social Determinants of Health (2)</p> <p>NGR 6674 Population Health and Applied Epidemiology (3)</p> <p>NGR XXXX Lifestyle Medicine Practicum 2 (3) (165 CH)</p>	<p>NGR XXXX Genetics and the Environment (3)</p> <p>NGR 6893 Healthcare Finance, Economics, and Entrepreneurship (3)</p> <p>NGR 5887 Policy &amp; Legal and Ethical Complexities in Healthcare (3)</p> <p>NGR XXXXC DNP Project Planning &amp; Application for EHSL (2) (75 indirect clinical hours)</p>	<p>NGR XXXXC DNP Project Implementation, Evaluation &amp; Dissemination for EHSL (2) (75 indirect clinical hours)</p> <p>NGR XXXX Lifestyle Medicine Practicum 3 (3) (165 CH)</p> <p>*Optional Elective- The Role of Lifestyle Medicine in Improving Mental Health (3)</p> <p>(v2 6-22)</p>
<b>Program of Study for Post Master's APRN-to-DNP in Lifestyle Medicine</b>		
<p>Applicants must hold an MSN in a Nurse Practitioner track and be a nationally certified APRN and have 3 discrete courses in Advanced Patho, Advanced Health Assessment &amp; Pharmacology across the lifespan prior to starting the program. Minimum graduate school GPA of 3.2</p>		
<p><b>42 Credit hours and 510 clinical hours (required clinical hours will be based on formal gap analysis)</b></p>		