

THE FLORIDA STATE UNIVERSITY
College of Nursing
Post Master's Certificate in Lifestyle Medicine for Health Professionals:
(Fall Admission)

Fall Semester 2022 6 credit hours	Spring Semester 2023 5 credit hours	Summer Semester 2023 4 credit hours
<p>NGR XXXX Introduction to Lifestyle Medicine: The Six Pillars of Health (3)</p> <p>NGR XXXX Empowering Behavioral Change: The Provider as Expert and Coach (3)</p>	<p>NGR XXXX Food as Medicine: The Nutrition Health Connection (3)</p> <p>NGR XXXX The Exercise Prescription: Improving Physical and Mental Health through (2)</p>	<p>NGR XXXXL Integrating Lifestyle Medicine into Clinical Practice (1) (60 CH)</p> <p>NGR XXXX The Role of Lifestyle Medicine in Improving Mental Health (3)</p>
Program of Study for Post Master's APRN-to-DNP in Lifestyle Medicine		
<p>Minimum graduate school GPA of 3.2</p> <p>15 Credit hours and 60 clinical hours</p> <p>(v6 6-2022)</p>		