

**THE FLORIDA STATE UNIVERSITY**  
**College of Nursing**

Post Master's Certificate in Lifestyle Medicine for Health Professionals (non-degree seeking student)

(Fall Admission)

<b>Fall Semester 2022 6 credit hours</b>	<b>Spring Semester 2023 5 credit hours</b>	<b>Summer Semester 2023 4 credit hours</b>
<p><b>NGR 6591</b> Introduction to Lifestyle Medicine: The Six Pillars of Health (3)</p> <p><b>NGR 6246</b> Empowering Behavioral Change: The Provider as Expert and Coach (3)</p>	<p><b>NGR XXXX</b> Food as Medicine: The Nutrition Health Connection (3)</p> <p><b>NGR XXXX</b> The Exercise Prescription: Improving Physical and Mental Health through Movement (2)</p>	<p><b>NGR XXXXL</b> Integrating Lifestyle Medicine into Clinical Practice (1) (60 CH)</p> <p><b>NGR 6590</b> The Role of Lifestyle Medicine in Improving Mental Health (3)</p>
<b>Program of Study for Post Master's APRN-to-DNP in Lifestyle Medicine</b>		
<p>Minimum graduate school GPA of 3.2</p> <p><b>15 Credit hours and 60 clinical hours</b></p> <p>(v8)</p>		