TITLE: CLINICAL, LABORATORY, AND SIMULATION DRESS CODE

POLICY: Nursing students are expected to be professionally dressed when representing the College of Nursing in clinical, laboratory, and simulation. The CoN and clinical agency dress code policies must be followed for clinical rotations.

RATIONALE: It is a professional expectation that students take pride in their personal appearance as a professional representative of the Florida State University College of Nursing. Contractual agreements with affiliated clinical agencies specify that clinical agency policies must be followed in addition to CON guidelines for clinical rotations.

PROCEDURE: See Attachment #1 proper clinical attire. In uniform, students represent themselves, Florida State University College of Nursing, and the nursing profession. Students begin wearing the College of Nursing uniform when participating in lab courses and in the simulation center, and later at clinical agencies. The uniform consists of regulation garnet scrubs and a lab coat, both with the FSU logo on the pocket. These items must be purchased at the Florida State University Bookstore. In the event a student arrives at clinical inappropriately dressed, a corrective action will be taken by the instructor. Repeated breaches of this policy may result in removal from the clinical site. Students who are unable to meet the CON and clinical agency’s policy on attire and appearance and who cannot be placed in a comparable clinical assignment will not be able to progress in the nursing program.

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Policy U-5
FLORIDA STATE UNIVERSITY
COLLEGE OF NURSING
Attachment #1 Clinical Attire

It is a professional expectation of students that they take pride and exercise professional judgment in their personal appearance as a professional representative of the Florida State University College of Nursing, baccalaureate education, and the nursing profession. Therefore, the following guidelines have been established to portray a professional image.

**Clinical hours - community sites:** (home visits, community sites and mental health clinical, in the hospital to review charts, interview patients, or to obtain a clinical assignment prior to the actual clinical day).

**Appropriate attire:**
1. Attire may be dependent on the clinical agency and required activities. Certain circumstances may require attire for acute care sites listed below. This will be at the discretion of the clinical instructor and clinical agency.
2. Black or tan slacks or knee length skirt and FSU College of Nursing polo shirt.
3. Closed toe dress shoes. If a student elects to wear heels, they must be low-heeled. Socks should be worn when appropriate with dress shoes.
4. FSU white lab coat with College of Nursing patch should be worn over shirt.
5. A hairstyle that is arranged off the face and collar.
6. Name pin and FSU ID, and agency badge if required should be worn on the Florida State University lab coat and remain clearly visible.

**Clinical hours – simulation lab and acute care sites** (acute care facilities where uniforms are required)

**Appropriate attire:**
1. FSU College of Nursing garnet scrubs with College of Nursing patch.
2. FSU College of Nursing garnet scrub jacket with College of Nursing patch.
3. A plain white or black round-necked ¾ or short sleeve tee shirt or turtleneck may be worn under the standard FSU garnet scrubs, unless dictated by the unit that no undershirt is allowed to be worn.
4. FSU College of Nursing Name Pin, FSU ID, and agency badge when required must be worn and clearly visible.
5. Professional shoes (black or white) with non-perforated leather or rubber uppers are required (no canvas or crocs with holes). Shoes should have closed toes (for safety with liquid spills, bodily fluids, and sharp instruments), offer good support, and should be reserved for clinical use only. Shoes without shoelaces are preferred.

**Uniform items:**
- Garnet FSU College of Nursing scrubs
- Garnet FSU College of Nursing scrub jacket
- Garnet FSU College of Nursing polo shirt
- White lab coat with FSU College of Nursing patch
- Professional shoes (black or white) with non-perforated leather or rubber uppers
  White or black round necked plain ¾ sleeve tee shirt or turtleneck shirt.
- FSU College of Nursing pin and FSU ID; facility badge
- Watch with second hand.
- Bandage scissors
- Stethoscope
- Sphygmomanometer
- Black pen
- Clipboard

Jewelry limited to:
- Watch with second hand.
- Plain wedding band without stones
- Smart watch with secondhand capabilities
- Two pairs of plain stud earrings per ear. No hoops or dangling earrings may be worn.
- Necklaces should not be worn unless it is of religious significance. If necklaces are worn, they should be worn underneath the scrub top or shirt.
- No visible facial piercings allowed, facial piercings must be removed or replaced with a flesh colored or clear retainer.

Grooming Standards:
- Hair
  - Hair off collar, fastened to the head.
  - Headbands and hair ties used to secure hair must be professional.
  - If hair is unable to be secured using hair ties, a bouffant cap may be used to secure hair off the collar and away from the face.
  - Beards and mustaches must be neatly trimmed and not interfere with mask requirements or pose a safety risk.
  - Hairstyles that cannot be pulled back and off the collar or excessively bright unnatural hair colors are not permitted.
  - Head coverings are permitted for religious beliefs only.
  - False eyelashes should not be worn. They may fall off and become a infection control risk

- Nails
  - Nails no longer than the end of the finger.
  - Clear, pink, and neutral colors of non-chipped nail polish may be worn.
  - No artificial nails of any kind can be worn. This includes gels, acrylics, tips, forms, wraps, appliques, and other items applied to the nail surface.

- Cosmetics, Fragrances, and Personal Odor
  - Students must be clean and well-groomed to minimize odor. Healthcare professionals are expected to maintain good personal hygiene to treat patients.
  - Makeup should be worn with discretion and moderation.
• Strong odors should not be detected, this includes but is not limited to perfume, cologne, aftershave, lotions with fragrances, and cigarette smoke. Strong odors may cause nausea, and many patients are allergic to perfumes. All clinical settings including the simulation lab are scent free zones.

• **Body Art**
  - Tattoos should be covered unless the tattoos cannot be covered (i.e., hands, wrists).
  - Offensive tattoos (e.g., nudity, profanity, objectionable symbols, crime) are not allowed and must remain covered. No exceptions.

**Unacceptable items at any time in any professional setting:**
- Jeans
- Shorts
- Skirts above the knee or below the ankle
- Strapless, tank, or camisole tops
- Sleeveless tops
- Tight-fitting clothing
- Clothing with glitter or rhinestones
- Gum